



## Enthalpy Discs®

(Date: August 2015)

<b>Normal discs</b>	(Ø 6cms, range about 2ms):	<b>€ 25,-</b>
<b>Small discs*</b>	(Ø 3cms, eg: for sticking onto the skin):	<b>€ 10,-</b>
<b>Coasters for mugs (F-disc)</b>		<b>€ 35,-</b>
<b>Big discs *</b>	(Ø 18cm, range about 4ms):	<b>€ 60,-</b>
<b>Donut*</b>	(Ø 6cm, pendant):	<b>€ 20,-</b>
<b>"Great"-Pyramid**</b>	(Edge lenght of the ground base ca. 12 cm) (Range of the torus 3,5 ms height , Ø 7-8 m)	<b>€ 180,-</b>
<b>Russian Pyramid**</b>	(Edge lenght of the ground base ca. 9,5 cm, (Height ca. 20,5 cm)	<b>€ 210,-</b>
<b>Pharao-Sticks</b>	(Ø ca. 2,4 cm, length ca. 13 cm)	<b>€ 80,-</b>

\* Not possible for every kind of discs and only on demand

\*\* Possible for every kind of disc (please name which disc-type)

Orders over **€ 90,-** free of shipping costs

Orders over **€ 150,-** one normal size disc of your choice for free

Visit our **Online-Shop:**  
[www.enthalpydisc.com](http://www.enthalpydisc.com)

### Ordering list

Article description	Description & Effects	Number & size	Sum
<b>A</b>	<ul style="list-style-type: none"> <li>- strengthens <b>muscles</b></li> <li>- enhances <b>vitality &amp; life force</b></li> <li>→ ideal for physical exercise and sports activites</li> <li>→ relieves cramps</li> <li>- activates Kundalini energy</li> <li>→ put on your coccyx</li> </ul>		
<b>B</b>	<ul style="list-style-type: none"> <li>- creates ideal conditions for spiritual and creative work</li> <li>- enhances <b>concentration and inspiration</b></li> <li>- <b>balancing effect</b> and helps you to find your <b>inner self</b></li> <li>→ ideal for <b>meditating and visualizing</b></li> </ul>		

<b>C</b>	<ul style="list-style-type: none"> <li>- <b>healing and supporting energy healing</b></li> <li>→ protects the therapist</li> <li>→ ideal against <b>pain</b></li> <li>- <b>Relief from stress symptoms</b></li> </ul> <p>Use as a <b>big disc</b> :</p> <ul style="list-style-type: none"> <li>- Ideal for sitting or lying down on it</li> </ul>		
<b>D</b>	<ul style="list-style-type: none"> <li>- helps you to escape from your obsessions and live your dreams</li> <li>→ <b>selfrealization</b></li> <li>→ put on your chakra of the throat</li> <li>- creates <b>freedom, joy, peace, ease, relaxation and tranquility</b></li> <li>→ supports the <b>inner child</b> when put on heart chakra</li> <li>→ ideal against <b>depressions</b></li> <li>- cleans and harmonizes <b>lungs and respiratory system</b></li> </ul>		
<b>E</b>	<ul style="list-style-type: none"> <li>- helps us to <b>achieve our aims</b></li> <li>→ <b>Wealth and integrity</b> on a physical, material and spiritual level</li> <li>- <b>Equalizes disorders</b> and distributes energy in the body</li> <li>→ put on the belly button</li> <li>- harmonizes <b>bladder</b></li> </ul>		
<b>F</b>	<ul style="list-style-type: none"> <li>- vitalizing</li> <li>- creates <b>mental clarity and awareness</b></li> <li>- supports strength and precision when doing sports activities</li> <li>- strengthens the energy of the <b>bones</b></li> <li>- repairs <b>DNA</b></li> <li>- strengthens <b>grounding</b></li> <li>- <b>purifies and vitalizes food and water</b> (transforms negative emotions, e.g. fear of death of the animals stored in meat)</li> <li>- put on interfering electromagnetic fields, <b>for suppression of interfering fields</b></li> </ul> <p>Big disc:</p> <ul style="list-style-type: none"> <li>→ ideal for <b>purification of food and drink</b> before eating <b>or for suppression of interfering fields in your bed</b></li> </ul> <p><b>As a coaster for mugs:</b></p> <ul style="list-style-type: none"> <li>→ ideal for enjoying your cup of <b>tea or coffee</b></li> </ul>		
<b>G</b>	<ul style="list-style-type: none"> <li>- facilitates functioning of <b>joints</b></li> <li>- cleanses <b>liver</b> and supports functioning of the <b>spleen</b></li> <li>→ against malfunctions of the liver</li> <li>→ put on your liver various times a day</li> <li>- <b>cleanses blood</b></li> <li>- awakens and strengthens the <b>basic sense of trust (=joy of life)</b></li> </ul>		
<b>H</b>	<ul style="list-style-type: none"> <li>- harmonizes <b>lymphatic system</b></li> <li>- harmonizes meridians</li> <li>→ supports <b>energy flow in your body</b></li> <li>- cleanses and expands your prana tube (2 H-dics)</li> <li>→ one H disc above your head, the other between your legs</li> </ul> <ul style="list-style-type: none"> <li>- for <b>detox</b></li> <li>→ stick 2 small discs three finger widths above the ankle on the inside of your legs with an adhesive tape, for 2-3 days, (urine may have a strong smell)</li> </ul>		

<b>CD1</b>	<p>→ <b>Same effect like C, but stronger</b> (may be too strong for some people)</p> <ul style="list-style-type: none"> <li>- <b>healing and supporting energy healing</b> <ul style="list-style-type: none"> <li>→ protects the therapist</li> <li>→ ideal against <b>pain</b></li> </ul> </li> <li>- <b>Relief from stress symptoms</b></li> <li>- strengthens <b>nervous system, immune system and circulation</b> <ul style="list-style-type: none"> <li>→ initially not longer than 10 mins., e.g. on solar plexus</li> </ul> </li> </ul> <p>use as a big disc:</p> <ul style="list-style-type: none"> <li>→ ideal for sitting or lying down on it</li> </ul>		
<b>CD2</b>	<ul style="list-style-type: none"> <li>- regulates functioning of the <b>intestines, movement of the intestines</b> <ul style="list-style-type: none"> <li>→ may have laxative effect, e.g. in case of constipation</li> </ul> </li> <li>- harmonizes <b>intestinal walls</b> <ul style="list-style-type: none"> <li>→ ideal for <b>polyps</b> and <b>diverticula</b></li> </ul> </li> <li>- connects us with our <b>inner beauty</b></li> </ul>		
<b>CD3</b>	<ul style="list-style-type: none"> <li>- Purification and detoxing of <b>kidneys</b> and <b>ureter</b> <ul style="list-style-type: none"> <li>→ <b>promotes uresis</b></li> <li>→ ideal for <b>kidney stones</b></li> </ul> </li> <li>- harmonizes <b>adrenals</b></li> <li>- <b>DNA repair</b></li> <li>- harmonizes <b>meridian system</b></li> </ul>		
<b>CD4</b>	→ See F		
<b>CD5</b>	<ul style="list-style-type: none"> <li>- Cleanses and regulates function of the <b>colon</b> <ul style="list-style-type: none"> <li>→ <b>increases regular bowel movements</b></li> <li>→ <b>calms down excessive bowel movements</b> → for some time on your belly button</li> </ul> </li> <li>- <b>connects us with „mother earth“ and „father sky“</b> <ul style="list-style-type: none"> <li>→ „awareness of unity “</li> </ul> </li> <li>- enhances <b>intuition</b>, „gut feeling“</li> </ul>		
<b>CD6</b>	<ul style="list-style-type: none"> <li>- repairs <b>red blood cells</b></li> <li>- enhances a <b>correct composition of your blood</b>, according to blood cells needed</li> </ul>		
<b>CD7</b>	<ul style="list-style-type: none"> <li>- enhances <b>intuition and clairvoyance</b></li> <li>- opens door to <b>other realities</b></li> <li>- cleanses <b>„channel of communication“</b></li> <li>- connects you with <b>other worlds</b> <ul style="list-style-type: none"> <li>→ put for some time on your <b>„third eye“</b></li> </ul> </li> <li>- <b>harmonizes your eyes</b>, and the other <b>senses</b> <ul style="list-style-type: none"> <li>→ put 2x small discs or 2x donuts on your eyes</li> </ul> </li> <li>- <b>balancing physical activity and passivity</b></li> </ul>		
<b>CD8</b>	<ul style="list-style-type: none"> <li>- <b>cleanses mental body</b> from old convictions/beliefs</li> <li>- excellent for <b>transmission of information</b></li> <li>- balances your thoughts</li> <li>- <b>DNA repair</b> <ul style="list-style-type: none"> <li>→ good for people with <b>mental disorders</b> and for victims of abuse</li> </ul> </li> </ul>		
<b>CD9</b>	<p>(may be too strong for some people)</p> <p>→ <b>opens only when in „suitable hands“!</b></p> <ul style="list-style-type: none"> <li>- creates admission to <b>information from other galaxies</b></li> <li>- access to <b>higher knowledge</b>, opens consciousness und helps to get access to <b>„old knowledge“</b></li> <li>- harmonizes <b>meridian system</b></li> <li>- excellent for <b>transmission of information</b></li> </ul>		
<b>CD10</b>	→ See G		

<b>CD11</b>	<p>(may be too strong for some people)</p> <ul style="list-style-type: none"> <li>- <b>activates pineal gland</b></li> <li>→ put or some time on your „<b>third eye</b>“</li> <li>- harmonizes <b>sleep/wake rhythm</b></li> <li>- helps with bei <b>skin problems</b></li> <li>- activates <b>tendons and sinews</b></li> <li>- affects <b>repiratory system</b> and lungs</li> <li>- harmonizes <b>meridian system</b></li> </ul>		
<b>CD13</b>	<ul style="list-style-type: none"> <li>- to understand der <b>quantum mechanics/-physics</b></li> <li>- <b>repairs and improves DNA, by enlarging it</b></li> <li>- harmonizes <b>digestive system from the mouth to the stomach</b></li> <li>→ <b>regulates gastric juices</b> (saliva and gastric acid)</li> </ul>		
<b>CD 15</b>	<p>„<b>Mars-disc</b>“</p> <ul style="list-style-type: none"> <li>- <b>regulates metabolism</b>, spreads nutrients (minerals, vitamins, trace elements) to areas of shortage</li> <li>→ <b>helps to improve impaired nutrient intake</b></li> <li>→ ideal for <b>disorder of iron /copper metabolism</b> (haemochromatosis/Morbus Wilson)</li> </ul>		
<b>CD 16</b>	<p>„<b>Moon-disc</b>“</p> <ul style="list-style-type: none"> <li>- harmonizes <b>hormone system</b></li> <li>→ e.g. solar plexus or a corresponding glands</li> <li>- harmonizes <b>brain</b></li> </ul>		
<b>CD 17</b>	<p>„<b>Moon-disc</b>“</p> <ul style="list-style-type: none"> <li>- harmonizes <b>hormone system</b></li> <li>- harmonizes <b>brain</b> (→ <i>not as strong as CD16</i>)</li> <li>- harmonizes the <b>electromagnetic field of our body</b></li> <li>- helps to <b>calm down mentally</b></li> <li>→ ideal for <b>sleep disorders</b>, revolving thoughts</li> </ul>		
<b>CD18</b>	<p>(may be too strong for some people)</p> <p>„<b>Mars-disc</b>“</p> <ul style="list-style-type: none"> <li>- <b>strong grounding</b></li> <li>- <b>repairs and improves the structure of DNA</b></li> <li>- excellent for <b>transmission of information</b></li> <li>→ strong like a transformer → <b>enhances the effects of other discs</b></li> </ul>		
<b>CD19</b>	<p>„<b>Atlantis-disc</b>“</p> <ul style="list-style-type: none"> <li>- <b>loneliness and depression</b></li> <li>- <b>opens the heart</b>, in order to give and receive love</li> <li>- reminds us that we are <b>part of something bigger</b></li> <li>→ „cosmic awareness“</li> <li>- <b>physical flexibility and mobility</b></li> </ul>		
<b>CD20</b>	<ul style="list-style-type: none"> <li>- helps with „<b>separation</b>“ and <b>abandoning</b> between people</li> <li>- harmonizes <b>meridian system</b></li> <li>- <b>frees cicatrisation</b></li> <li>- supports <b>healing of broken bones</b> and harmonizes ill-adjusted fractures</li> </ul>		
<b>CD21</b>	<ul style="list-style-type: none"> <li>- activates old <b>initiations from past lives</b></li> <li>- activates „<b>light enhancing therapies</b>“</li> <li>→ for this application put on <b>crown chakra</b></li> <li>- harmonizes <b>hormone system</b></li> <li>→ e.g. put on <b>solar plexus</b> or any other corresponding <b>gland</b></li> <li>- creates <b>freedom, joy, peace, ease, relaxation and tranquility</b></li> <li>→ supports <b>inner child/sweetness of life</b>, put on your <b>pancreas</b></li> <li>→ ideal for <b>hard times in your life</b></li> </ul>		

<b>CD22</b>	<ul style="list-style-type: none"> <li>- harmonizes <b>heart</b> and <b>blood circulation</b></li> <li>→ start with putting it for some minutes on your heart (test individual compatibility)</li> <li>→ caution with cardiac pacemakers!</li> <li>- enhances <b>blood circulation</b> und regenerates blood vessels</li> <li>→ consequently better <b>thermoregulation</b></li> <li>→ ideal after <b>apoplexy</b> and for <b>circulatory disorders</b></li> <li>- connects us with the <b>centre of the earth</b> and <b>mother nature</b></li> </ul>		
<b>CD 23 &amp; 24</b>	<p><b>„Yin-disc“</b>  → the <b>„female principle“, the passive principle (→ be your own creator)</b></p> <ul style="list-style-type: none"> <li>- helps you to <b>create visions</b> and to <b>realise</b> them</li> <li>- helps you to <b>express your own creativity</b></li> </ul> <hr style="border-top: 1px dashed #000;"/> <p><b>„Yang-disc“</b>  → the <b>„male principle“, the active principle (→ inspiration)</b></p> <ul style="list-style-type: none"> <li>- helps to find <b>solutions for problems</b></li> <li>- <b>Answers your questions</b></li> <li>→ brings knowledge/ideas into matter</li> </ul> <p style="color: red;">→ use both discs to create balance in a person!</p>		
<b>CD25</b>	<p><b>„Rescue-disc“/Emergency -disc</b>  → contains „Greek Bach flowers“</p> <ul style="list-style-type: none"> <li>- supports <b>the physical effect of the other discs</b> through the subtle effects of the herbs contained</li> <li>→ <b>ideal for emergencies of any kind</b>, especially for children, combines well with C/CD1-disc</li> </ul>		
<b>CD27</b>	<p><b>„Trauma-disc“</b></p> <ul style="list-style-type: none"> <li>- takes away the <b>trauma</b>, the <b>shock</b> and the ensuing <b>drama</b> of a situation or an accident and <b>erases</b> the <b>cell memory</b> of this event</li> <li>→ put on the corresponding part of your body, e.g. your head in case of whiplash injury</li> <li>- <b>harmonizes sleep and dreams</b></li> <li>- lets you see the <b>sunny side of life</b></li> <li>- connects us to <b>All That Is</b> → „consciousness of oneness“</li> <li>→ put on your belly button</li> </ul>		
<b>CD28</b>	<ul style="list-style-type: none"> <li>- <b>strong energy clearing</b></li> <li>- <b>cleanses the aura and dissolves energy blocks</b></li> <li>- <b>has the effect of a strong battery which charges you again</b></li> </ul>		
<b>CD30</b>	<ul style="list-style-type: none"> <li>- <b>very strong grounding!!!</b></li> <li>→ <b>ideal for first aid</b>, to calm down people</li> </ul> <p style="color: red;">→ If somebody has returned to being grounded or has very strong grounding from a start this disc may lead to depression when used for too long</p>		
<b>B1</b>	<ul style="list-style-type: none"> <li>- <b>supports the liver with detoxing</b></li> <li>- <b>cleanses blood</b></li> <li>- helps with <b>regeneration of destroyed cells</b></li> <li>- supports <b>modified and mutated cells</b> to return to their initial form</li> <li>- helps to dissolve <b>accumulated blockades</b></li> </ul>		
<b>E4</b>	<ul style="list-style-type: none"> <li>- downloads <b>„cosmic therapies“</b></li> <li>- reminds us that we are <b>part of something bigger</b></li> <li>→ „cosmic awareness“</li> <li>- helps us to get access again to our own <b>extraterrestrial/cosmic knowledge</b></li> <li>→ especially for <b>extraterrestrial souls</b></li> </ul>		

<b>F3 NEU</b>	- For interstellar <b>communication with extraterrestrial intelligence</b> and <b>mental travelling to other stars, planets and solarsystems</b> → put on Third Eye		
<b>G1</b>	- enhances clairaudibility → put on ear chakra (= above the ears) - increases access to more subtle energy levels of nature beings and elementals		
<b>K5</b>	- <b>connects us to All That Is</b> → <b>consciousness of oneness, that is of oneness with the creation</b> → put on solar plexus - <b>connects us with the creator</b> → <b>consciousness of oneness, that is of oneness with the creator</b> → put on heart chakra - <b>gives us access to morphogenetic fields</b>		
<b>L5</b>	- harmonizes <b>bladder, urethra and ureter</b> → ideal for weakness of bladder - enhances living out your own <b>femininity</b> - helps to work on and process „ <b>female issues</b> “: e.g. mother issues, birth issues, abuse issues (especially when you are more attracted to your own sex as a consequence of the trauma) - enhances the <b>development from girl to woman</b> → has effects on the first three chakras, try out individually → <b>put on second chakra in case of abuse, be careful, as the issue may resurface in order to be worked on.</b>		
<b>Total</b>			

<b>Notes, comments, requests:</b>	
<b>Ordering options</b>	
<b>Call:</b>	<p><b>Leonidas Flevarakis</b></p> <p>Monday - Friday : 9.30-21.00 clock  Saturday: 9.30-15.00 clock</p> <p><b>+30/210/9229279 oder +30/6976/118717</b></p>
<b>Email:</b>	<p>Simply write an email to <b>info@enthalpy.gr</b> and place the order or scan the order list and send via e-mail</p> <p><u>Please enter the following information:</u></p> <p><u>First and last name:</u></p> <p><u>Street address:</u></p> <p><u>Postcode &amp; City:</u></p> <p><u>Telephone / Mobile:</u></p> <p><u>Email :</u></p>
<b>payment:</b>	<b>The bank details will be sent with your order confirmation email</b>